



Lifestyles for the Disabled, Inc.

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Dear Lifestyles Community,

Lifestyles is committed to ensuring that we maintain our positive relationships with all of our families, individuals, stakeholders, and staff. We believe that transparency is an essential part of maintaining trust, and as such we are notifying you all, that we had 2 positive COVID-19 cases reported. These 2 cases were unrelated to each other, and occurred at 2 different sites. Contact tracing was conducted and all those who had direct contact were notified. Those with direct contact will be completing a 14 day quarantine, and will need to provide negative test results prior to returning to Lifestyles. In addition, the program areas that were affected by the positive cases, were closed for 24 hours and then deep cleaned and sanitized.

As a reminder we are asking everyone to follow some basic health and safety rules, so that we can continue to be a healthy as possible.

- If you are sick, or if someone you live with is sick, please stay home, contact your health care provider, and get tested.
- Wear your face mask whenever you are out, or in direct contact with other people.
- Practice social distancing....Stay 6 feet away from people who are not members of your household.
- Wash your hands often, or use hand sanitizer if soap and water is not available.
- Clean heavily touched surfaces regularly with a disinfecting product.
- Cover your mouth when you cough or sneeze with your elbow, not into your hand.
- Keep your hands away from your eyes, nose, and mouth.
- When not at Lifestyles be mindful of your surroundings, and remember that we all need to do our part to help stop the spread and transmission of COVID-19.
- Finally please consider getting a flu shot, so that you can stay as healthy as possible.

Lifestyles is wishing those who tested positive a speedy recovery. Please do not hesitate to reach out with any questions.

Regards,

Barbara Bishop-Lewis

Director of Quality Improvement